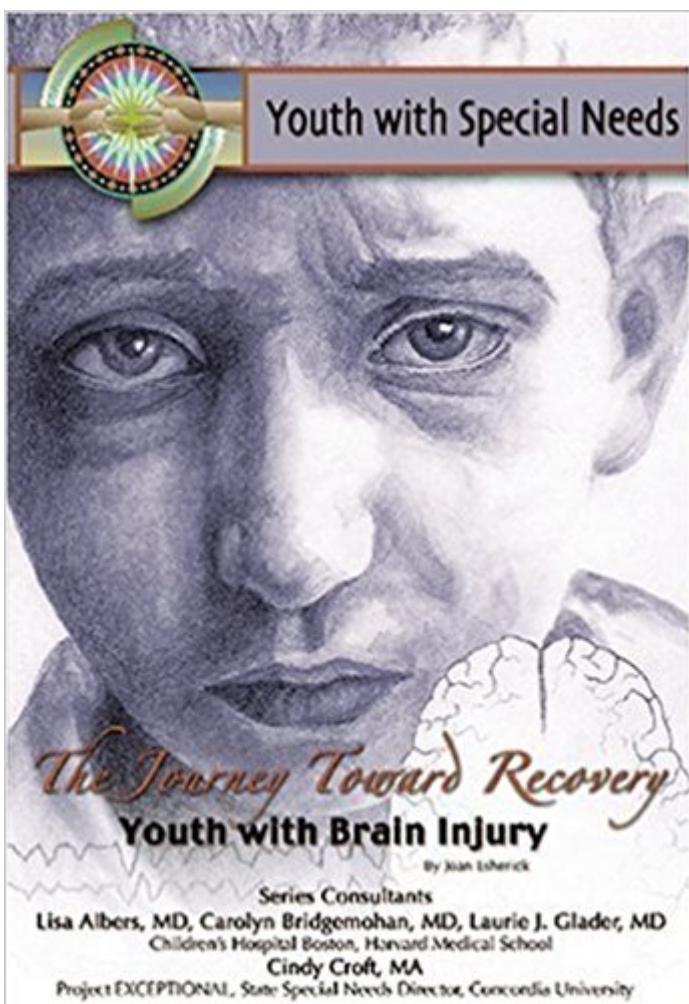


The book was found

# The Journey Toward Recovery: Youth With Brain Injury (Youth With Special Needs)



## **Synopsis**

Tells the story about Jerome, one teen who finds his life changed forever in a split-second accident. This book helps readers learn about other forms of brain injury; how these injuries affect people's lives; and how schools, doctors, and lawmakers are helping with this form of special need.

## **Book Information**

Lexile Measure: 820L (What's this?)

Series: Youth with Special Needs

Hardcover: 128 pages

Publisher: Mason Crest Publishers; 1 edition (January 1, 2004)

Language: English

ISBN-10: 1590847342

ISBN-13: 978-1590847343

Product Dimensions: 6.6 x 0.5 x 9.6 inches

Shipping Weight: 1 pounds

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #861,823 in Books (See Top 100 in Books) #11 in Books > Teens > Personal Health > Physical Impairment #41 in Books > Teens > Social Issues > Special Needs #65 in Books > Children's Books > Growing Up & Facts of Life > Health > Physical Disabilities

Age Range: 12 - 17 years

Grade Level: 7 - 12

## **Customer Reviews**

A child in your family acquires a brain injury. How do you tell his siblings and his friends what they should expect when he returns home and how they best can help him adjust to life with a brain injury? The Journey toward Recovery is one of at least 15 books in the Youth with Special Needs series by Mason Crest Publishers. As the publisher writes, "This series provides a unique forum for demystifying a wide variety of childhood medical and developmental disabilities. Written to captivate an adolescent audience, the books bring to life the challenges and triumphs experienced by children with common chronic conditions." With The Journey toward Recovery, the publisher and author live up to these words. Jerome is a cocky star high school football player, who crashes his mountain bike into a tree trunk. His brain injury is labeled mild, but he's challenged by a wide variety of physical, cognitive, emotional, and behavioral issues. Many of these problems pass, but others may be permanent. The Journey toward Recovery describes in simple, straight-forward language the

medical aspects of brain injury and the likely consequences. Both children and adults new to brain injury will benefit from this book. Readers learn the basics of brain injury. They also follow how one successful survivor begins to cope with the significant challenges that even a mild brain injury can cause. The chapter titles show the progression that many successful survivors follow: gone, confusion, frustration and bitterness, one day at a time, therapy, running into reality, hard work and determination, and hidden gifts. The Journey toward Recovery warns readers to avoid attitudes and language that can not only exasperate survivors, but also delay their recovery and reintegration into the community: denying or minimizing the impact of the injury, coddling or avoiding the person. This book also describes the stages of recovery from a brain injury and offers ways for readers to help their sibling or friend succeed in their rehabilitation, homecoming, and return to school. One of heartaches of brain injury, especially with children, is loneliness. Their friends are unable to understand and cope with the ways their pal has been changed by his injury. Gradually (or quickly), they disappear from his life. In The Journey toward Recovery, Jerome and the reader learn that true friends look beyond their pal's disability and benefit, in numerous ways, from maintaining the relationship.

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